

News & Views



MEMORIAL DAY
Remember & Honor

DURANT CITY WIDE

GARAGESALE

Saturday, May 10 • 8 am - 2 pm

The Durant Chamber of Commerce is sponsoring the City-Wide Garage Sale on Saturday, May 10 from 8 am to 2 pm. Complete the registration form below and submit it with the \$10 fee (exact change or check) by Monday, May 6.

- Drop of in an envelope labeled "Chamber of Commerce" at City Hall or Liberty Trust & Savings Bank or
- Mail it to: Durant Chamber of Commerce, PO Box 1111, Durant, IA 52747

The fee helps pay for newspaper advertising and production of the maps. **Your Support Makes This Possible!**



City-Wide Garage Sale Registration Form • Saturday, May 10 • 8 am – 2 pm

Contact person: _____ Phone: _____

Address: _____

Number of families: _____ Hours (if different): _____

Items for sale: _____

_____ South of tracks North of tracks

News and Views

News and Views is a free monthly community publication and is sent to all residents of the Durant School District. The mission of News and Views is to be a line of communication between the organizations in the community and its residents. It is supported solely by the generous advertisers & the Durant Chamber of Commerce.

The views and opinions expressed in News & Views are those of the authors and do not necessarily reflect the policy or position of advertisers and the Durant Chamber of Commerce. Any content provided by our authors are of their opinion and are not intended to malign any religion, ethnic group, club, organization, company, individual or anyone or anything.

Do you have news from your club or organization you would like published in our next News and Views? Please submit your articles by the 20th of the month preceding the month it is published.

Articles written may be edited or reduced by the Editor as space provides. Articles must be dropped off, mailed, or e-mailed to:

Sidney Randolph, Editor

709 9th Street Durant, IA 52747

(563) 886-4699

sid.ann.ran@gmail.com

**City offices will be closed
Monday, May 26th for the
observance of Memorial Day.
Garbage and recycling collection
will be a day later with collection
on Wednesday, May 28th.**

Council Meetings in May

Monday, May 13th and May 27th (Notes change of day due to memorial day) at 6 p.m. at City Hall. Agendas and minutes for council meetings can be found on our website above.

Adopt a Diamond

The Durant Park Board is looking for teams to “Adopt a Diamond” for May, June, or July. Each team would take turns cleaning the dugouts, clearing weeds, and raking the diamond. To “Adopt a Diamond” coaches contact Marie Richman at mjoien@hotmail.com.

Dog Owner Reminder

Remember to be courteous and pick up after your dog when out walking and playing in the parks. It is against our city ordinance to let your dog defecate on private property (other than the owner’s), public walks and recreation areas unless such waste is immediately removed and disposed of by the owner. Please remember when walking your dog, they must be on a leash. If they are not on a leash, they are considered “at large.” This is prohibited in the City of Durant according to our city ordinance. The initial fine for a “dog at large” is \$100 with \$95 court costs. The fines go up substantially after the first.

Golf Carts

Golf Carts may be operated on City streets until 11:00pm set by the U.S. Naval Observatory beginning March 1st and continuing through November 30th. No person shall operate a golf cart on any public street or alley, for any purpose unless the golf cart has passed a safety inspection by the Durant Police Department and the operator possesses a City of Durant permit to operate a golf cart, issued by the Chief of Police or designated officer. Any non-resident of the City of Durant that would like the privilege of operating a Golf Cart within city limits will also need to register for a permit. Please contact the Durant Police Department at 563.785.6049 with any questions or to set up an appointment for a safety inspection to obtain a permit. Please see the full Golf Cart/UTV Ordinance on our website www.cityofdurantiowa.com.

Tornado Sirens

Public works staff will be testing the tornado sirens monthly April through October, the first Tuesday of each month at 10:00 a.m. for three minutes.



JC Park and Feldhahn Park Reservations

Please contact City Hall if you would like to reserve a shelter, concession stand, or ballfield at JC Park or Feldhahn Park. A calendar of scheduled events is available at City Hall. A reservation form must be completed and fee paid at City Hall to reserve a date. Reservation forms are available at City Hall and on our website at www.cityofdurantiowa.com.

JC Park

Large shelter \$35.00
Concession stand \$25.00
Large shelter & concession stand together \$50.00
Small shelters \$25.00

Feldhahn Park

Ball Fields \$25.00 per field per day

Burning Schedule

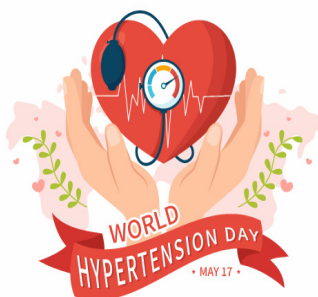
Always check local county burn bans before burning. If no burn ban is in place, yard waste burning in Durant continues through May 31st. Burning is allowed from 9:00 am-7:00 pm. Please do not burn on any Durant streets, curbs and gutters, or sidewalks. All burning should be done in a controlled environment. No burning of garbage is allowed.

Yard Waste Site

The yard waste site (100 8 th Avenue) is open Monday-Sunday 8:00 am-7:00 pm. This site only accepts yard waste. If it doesn't grow in your yard, please do not deposit it here. Please remember to put your tree brush outside the yard waste site in the area left of the driveway as you are headed to the sewer plant.

Utility Reminders

Shutoff notices for delinquent April bills will be distributed on the morning of Wednesday, May 7 th , with payment due by noon on Thursday, May 8 th . Remember a \$25 fee is applied to your account if you receive a shutoff notice.



Yard Waste and Brush Disposal

Service is provided through Oveson Refuse & Recycle from April 1st through November 30th for grass, leaves, and garden debris only. Yard waste must be placed in a paper yard waste bag (these can be purchased at a grocery, hardware, or discount store) with a yard waste sticker that can be purchased at City Hall for \$1.00 each. Yard waste should be put out on Tuesday with your regular garbage.

Building Permits

Please call building inspector, Terry Goerd, at 319.330.9806, or email tgoerd@cityofdurantiowa.com, for all questions on permits. Permits are required for all new construction, building alterations, accessory & storage shed buildings, and concrete work. Permits are also required for signs, fences, and swimming pools over 5000 gallons. Per state regulations building permits are required for electrical work, plumbing, and heating/AC projects. Permits are not required for roofing, siding, & windows. Building permit applications are available at City Hall and on our website www.cityofdurant.com. We ask that you please allow 48 at least hours for your permit to be approved before starting your project.

Call Before you Dig

Prior to starting an outdoor digging project call Iowa One Call at 811 or 1-800-292-8989 (it's the law). Iowa One Call is a free service that will notify utilities to come mark the location of underground lines. You must call 48 hours in advance of digging (not counting weekends or holidays).



Monthly Energy Savings Tip



Spring Energy Efficiency Tips

1. Have a professional service your AC System, this can reduce your energy consumption by up to 15% with proper annual servicing of the unit.
2. Invest in energy-saving lighting for your exterior lights such as LED bulbs which are 3 times more efficient than regular bulbs.
3. Dust off your refrigeration coils that are typically at the back of your refrigerator, these accumulate dust throughout the year leading to higher energy consumption of the appliance.

Receive a one-time \$5 bill credit per account when signing up for email billing.

Reminder DMEP offers E-billing, ACH options, or you can pay online at <https://ubi.gworks.com/durantmunicipalelectric/>

Music Boosters

Submitted by Shanna Schneider

Although the 24-25 school year is quickly coming to a close, we still have some dates ahead of us. The Spring Adopt-a-Highway Trash Clean up is set for May 4th at 1PM. This DOES count towards Silver Cord Hours! If you would like to help us out, please meet us at the Adopt-A-Highway sign on the East side of town. All help is appreciated. Our next Booster Club meeting is at 530PM on May 5th at the Bowling Alley. The final Choir concert is on May 13th at 6PM at Durant High School. The 5th-12 grade band will have its final performance on May 14th at 5PM at the Band Shell.

May 10th Plant Sale

Submitted by Nancy Carlisle



Come shop for plant bargains on May 10th 2025 at Discovery Park Large Shelter. Three garden groups of enthusiasts are sponsoring a plant sale on May 10th in Muscatine's Discovery Park, 3300 Cedar Street. Cedar Valley Iris and Daylily Society, Muscatine Master Gardeners, and Muscatine Federated Garden Club will be bringing reasonably priced plants for your purchase. Muscatine 4H Club, the Stamping Clovers will have a bake sale that morning and will assist in carrying your purchases to your cars. Cash is the preferred method of payment. A universal check out system will be new for your convenience this year. Hours are 9 to 11:30. No advance sales. For additional information, please contact Nancy Carlisle 563-357-0526



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Durant Ambulance Update

Submitted by Dennis D. Frisch

It's soccer season and while I was engrossed in watching a match the other day, I noticed Bill and Bob walking up the stands and taking seats close to mine. Bob was telling Bill about the guy Al met in the hospital when Al had an episode of angina.

Bob said, "Bill, Al told me that guy (I'll call him Fred) had similar signs and symptoms as he did but he was treated much differently than me.

"What did they do for him?" inquired Bill.

"Well, Fred claimed he woke up the morning he had to go to the hospital not "feeling quite right". Said he felt kind of sick to his stomach and thought it was just indigestion or heartburn. He did not think much of it at first but on his morning walk of a mile or more he said he did not walk very far before he got short of breath. He turned around and by the time he got to his house it was harder to get his breath, he had chest pain, left shoulder pain, and left arm pain. He sat in his recliner and broke out in a sweat and was very pale. He told his wife he did not feel well, and she called 911 as she had never seen him this way before." explained Bob.

"Bob, this sounds like what occurred to Al." exclaimed Bill.

"I thought so too!" stated Bob. "but it wasn't."

Bob continued, "Fred told Al when the ambulance personnel arrived, they stated they were paramedics, and they were going to take care of him."

"So Bob, what happened to Fred," inquired Bill.

"Fred told Al that the paramedics gave him oxygen right away, moved him to the ambulance, and got to work. One took his vital signs while the other gave him 4 low dose aspirin to chew and swallow then initiated an intravenous (IV) line after which he gave him one nitroglycerin tablet. Fred told those paramedics that his chest discomfort decreased a little. Next those paramedics put a number of patches on his chest and those squiggly lines appeared on that screen. The one paramedic immediately contacted the hospital and received instructions from them. That paramedic told the driver to use the lights and siren. Fred said he must have passed out after that because the rest of his story came from people telling him what happened. He was told he went into cardiac arrest (his heart stopped, and he was not breathing). Those paramedics applied the automated external defibrillator (AED) and automated compression device. They shocked him once and his rhythm changed to pulseless electrical activity (PEA) which is not a shockable rhythm. They continued CPR and administered some medications, and his rhythm returned to one that could be shocked. They shocked him a second time and were successful as his heart started to work again because they could feel a pulse and he was breathing on his own. When they got him to the hospital he was evaluated and taken to the cath lab where the cardiologist inserted two stents in one of his cardiac arteries. Fred said he did not remember any of that. Stated he only remembered waking up in a hospital bed, no shortness of breath, not sweating, and feeling fine except for where that machine had pushed on his chest." Bob explained.

"Bill, how did those paramedics know all those things they did to Fred?" asked Bob.

Bill answered, "They were people that had been emergency medical technicians (EMTs) that continued to go to school to learn more advanced treatments for patients. They learned how to start IVs, give some medications, and perform some other life saving skills prior to getting the patient to the hospital. They had to spend 640+ hours in class and treat patients plus successfully pass a written exam. This training may have taken more than a year to complete and cost as much as \$10,000 or more."

"Wow, that is quite a commitment." exclaimed Bob.

"Yes Bob, it is and for a volunteer with a full time job it is a tremendous commitment as they may not receive any pay for what they do other than a thank you from the patient when and if they see them again." replied Bill.

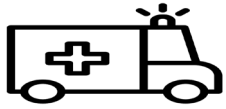
Bob stated, "Fred was a lucky guy."

"He sure was," replied Bill. "and so are we."

"What do you mean?" queried Bob.

Bill explained, "We are lucky because our mothers are still around and we can take them out for a Mother's Day dinner. What do you say we make reservations somewhere nice? We can start right now as the soccer match just ended with a lot of happy home town kids. By the way, don't forget to go to the Memorial Day doings this month to honor our military folks that served, fought, and died to keep our freedom."

As always if you would like additional information concerning the Durant Ambulance Service contact a driver, member, or call the office (563-785-4540) and leave a message if no one answers.



TO ALL YOU MOMS – HAPPY MOTHER’S DAY!!!
EVERYONE MAKE TIME TO THANK A VETERAN ON MEMORIAL DAY



Cedar County Senior Dining

Senior Dining at Gloria Dei Lutheran Church is for everyone 60 years young or older and their spouse regardless of age. Enjoy a nutritious meal while socializing. Reservations are required by calling Fay Wulf at 785-4525 or 563-320-4570.

Thursday’s April Menu (All served with milk.)

5/1 Salisbury Steak, Mashed Potatoes with Gravy, Corn, Oranges & Pineapple, Lemon Bar, Dinner Roll

5/8 Chicken Parmesan, Spaghetti Noodles, Chateau Vegetables, Applesauce Gelatin

5/15 Roast Beef, Mashed Potatoes with Gravy, Corn, Tropical Fruit, Oatmeal Cookie

5/22 Pork Roast, Sweet Potatoes, Green Beans, Peaches, Pumpkin Bar

5/29 Ham Loaf, Parsley Buttered Potatoes, Carrots, Fruited Gelatin, Cookie

Senior Foot Health Clinic

Durant Community Center • Thurs., May. 8, 9 - 11:30 a.m.

- Please bring your own basin and towel to the clinic.
- If you have diabetes you **MUST** have an order from your doctor.
- A \$10 donation is requested at the time of service.



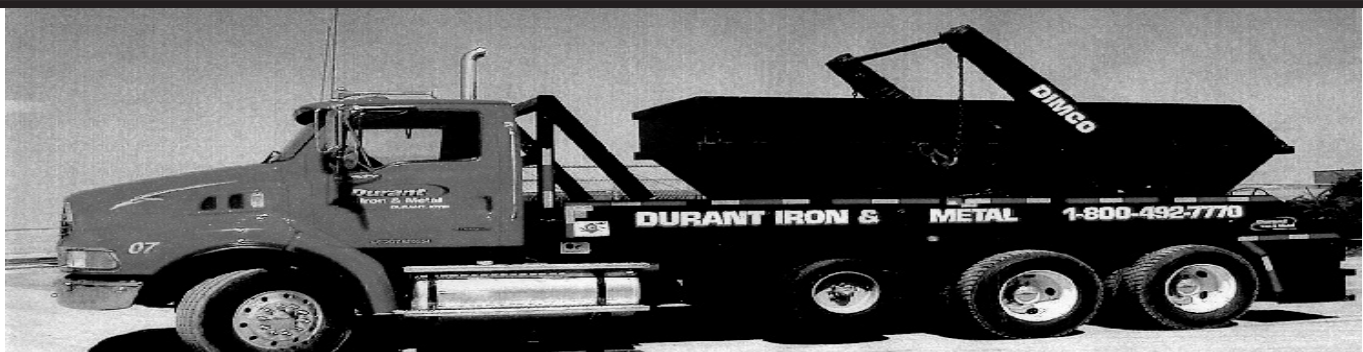
Museum Moments

Submitted by Mary E.

Members of the 1946-1947 Durant High School Girls Basketball Team are pictured. Front Row—Florence Feldhahn, Jeannine Kook, Frances Bauer, Alberta Paustian, Elaine Martz, Marilyn McKillip. Second Row— Coach McGiffin, Imogene Riessen, Garnetta Gimm, Elaine Paulsen, Ruby Finck, Eve Vittetoe, Margy Budieliier, Delores Stahl, Miss Sayfort. Lois Martens was not present.



The TriCounty Heritage & Genealogy Museum would like to thank our April volunteers: Deanna Petersen, Doug Wilson, Samantha Delatorre, Russ Mumm, Melissa Kutcher, Erna Cielecki and Gail Harmsen. The museum is open on Wednesday 3pm to 6pm and Saturday 9am to noon. We appreciate all donations.



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Scott County Library

Submitted by Pamela Briggs

It's May, so we're hoping for warm temperatures, sunny days, and no storms! First, know that the Durant library branch, and all Scott County library branches, will be closed on Monday, May 26.

Story times are at 10 a.m. Thursdays. They're best for ages 6 and under with a caregiver. Sarah Subbert, the Cedar County Conservation naturalist, will be the special guest at the May 1 story time. The other dates are the 8th, 15th, 22nd, and 29th.

We'll hold a Books, DVDs, and More sale on Saturday, May 10 from 9 a.m. to noon. Paperbacks are 50¢ apiece; books and DVDs are \$1 each. This is the same day as the city-wide garage sales, so while you're out shopping, drop by the Library and see what you might want to take home.

This month, Sarah Subbert will provide snacks from our North American neighbors on two different days. All ages are welcome to try these treats. For Cinco de Mayo, May 5, we'll have a horchata testing at 3:30 p.m. Horchata is a popular beverage in Mexico, also enjoyed in Central and South America. This recipe uses rice, milk, water, sugar, cinnamon, and vanilla, and there will be add-ins, including local shagbark hickory nuts.

On May 19 at 5:30 p.m., we'll have a pancake party for Victoria Day, celebrated in Canada. We'll eat pancakes with maple syrup (Canada is famous for it), rosehip jam (popular during the Victorian era), and shagbark hickory syrup (made with locally foraged nuts). This holiday commemorates Queen Victoria's birthday, and is also considered the unofficial start of summer in Canada.

Get ready for special programs and fun right here this summer! We'll have a summer kickoff party on Monday, June 2 from 4 to 5 p.m. -- the Scott County Library System Bookmobile will stop by. The reading challenge runs through August 9, with the theme "Level Up." All ages can earn a book by reading, and can have a chance to earn raffle tickets for our prize packages.

The library is in the City Hall building at 402 6th Street. Regular hours are Monday, Wednesday, and Friday from 2 to 7 p.m., and Thursday and Saturday from 9 a.m. to noon. Call 563-285-4794, option 1 during open hours with questions. When the Durant branch is closed, call the Eldric



CELEBRATE * HONOR * REMEMBER

Salvation Army

Submitted by Kiley Van Sloten

Salvation Army will have a truck to collect donations after the city wide garage sales, Sunday May 11th 1:00-4:00. No ripped/ruined clothes or other items. Items must be in reasonably good condition.



HAPPY
Mother's Day

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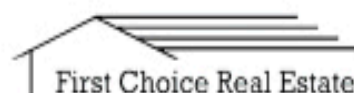
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Gardening – Good for the Soul but Hard on the Back:

How to Avoid Back Pain in the Garden this Year

Submitted by Dr. Melissa Kelling at Durant Chiropractic Clinic

Written by Carissa Orcutt

The weather is finally taking a turn for the better. That means we're finding ourselves out in the yard and garden again. Tending to a garden and planting flowers can bring a great sense of accomplishment and enjoyment for many people. However, tasks like weeding, mowing, trimming hedges can bring back pain and strain if we're not careful. We can all agree that gardening is good for the soul, but hard on the back. Let's look at the benefits of gardening, the common causes of back pain in the yard, and ways this can be avoided.

Physical & Mental Health Benefits

It has been proven that gardening can benefit both our physical and mental health. While it may not seem like an overly physical activity like going for a jog, being in the garden still burns calories, fat, and works out muscles you may have forgotten you had. Being in the garden can also help improve balance and prevent trips & falls in older people. From a mental aspect, gardening can help reduce feelings of depression, anxiety & stress. Gardening can help improve your mood as you connect with nature. It also creates a calming and beautiful space in your backyard. Enjoying the fruits, vegetables, and herbs you've grown yourself can bring great joy & pride as well.

Tips for Avoiding Back Pain

With the many benefits that come with gardening, we must also be mindful of the aches and pains that can accompany our garden adventures, especially in the lower back. Being out in the garden involves a lot of bending down, twisting, and sometimes maneuvering in small, awkward spaces. It can also involve lifting heavy objects like wheelbarrows, bags of soil and mulch. Tasks like mowing can cause an increase in back pain. So can activities like trimming up trees, then picking up & moving the trimmings. Don't be discouraged, though. There are ways to help avoid back pain as you tend to your yard & garden.

First, you'll want to make sure you warm up. It might seem silly as yardwork and gardening isn't considered a sport. However, bending, digging, lifting, and pulling all require muscles to be in top working condition. Stretching & warming up beforehand gets those muscles ready to work. This makes them less likely to suffer injuries like sprains and strains.

Secondly, if you have a series of harder jobs that need to be accomplished, plan to spread them out instead of tackling them all at once. Switching from task to task can ease strain on one area of the body. For example, try 20 minutes of kneeling down to weed, followed by 20 minutes of mowing, then 20 minutes of hedge trimming. Keeping the body in one position for too long causes strain and can lead to injury.

(Story continued on to next page)

Simple things like lifting properly, using a pad to kneel on, and using the correct tools for the jobs at hand can all contribute to keeping your back and body feeling good as you accomplish your tasks. If you can, using raised beds and planters can help tremendously in easing the strain on your back. Also, make sure you are taking breaks and staying hydrated. We know we just want to get it all done, but resting and hydrating can help you avoid unnecessary injuries.

If you find yourself, despite your best efforts, feeling the effects of being out in the garden on your back, neck, or knees, come see us! Chiropractic care can keep you feeling your best so you can enjoy that garden all season long. Happy planting & we'll see you soon!



ENVIROMENTAL MEETING!!!

Submitted by Connie Finck



Tri County Community Club will be hosting speaker Tammy Becker of Green Current Solutions at the Durant Community Center on Tuesday June 17, 2025. We invite you to join us for a \$7 meal at 6:30 which will be catered by Jeff's. Please RSVP by June 10 to Connie Finck (563-340-5196) or Hollie Swain (563-514-4022). Meal is payable to TCCC by either cash or check. If you can only attend Tammy's presentation at 7:00 pm, please also RSVP to one of the above numbers.

Tammy and her husband, Chad Pregracke (founder of Living Lands and Waters) have spent many years pulling docks, plastic barrels and other large plastic items from rivers in our country, only to have it sent to a landfill. She has designed a solution to use recycled plastic waste into industrial pallets.

We look forward to hosting you!



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Durant Iowa Food Pantry

Submitted by Justin L. Nelson

Celebrating Our Amazing Moms and Wonderful Community!

The Durant Iowa Food Pantry wants to take a moment to celebrate the incredible strength, dedication, and love of all the mothers in our community! We know being a mom is a tough job, and we are here to offer support in any way we can.

We are also deeply grateful for the incredible support our community continues to show! We want to extend a heartfelt thank you to everyone who came out and made our recent Karaoke Night such a fun and successful event! Your participation helps us continue our mission of supporting local families.

Speaking of support, we're also thrilled to announce that our Community Produce Stand was a resounding success! Thanks to generous donations and community engagement, we were able to provide fresh, healthy produce to many families in our tri-county area. This initiative has had a positive impact on children, seniors, and families throughout our community, ensuring access to fresh produce from our local gardens. We understand the importance of nutritious food, especially for our local moms who work tirelessly to care for their families. Knowing there's a reliable source of healthy options can significantly reduce stress and ensure children have the nourishment they need to thrive.

Because of the positive impact and community need, we are excited to announce that the Community Produce Stand will be returning at the end of May! Keep an eye out for more details on dates – we are excited to offer this valuable resource again.

The Durant Iowa Food Pantry remains committed to supporting our local moms and families by providing nutritious food. We offer a variety of shelf-stable items, canned goods, and, soon again, fresh produce, all free and easy to access with no income requirements or complicated paperwork.

Here's how the Durant Iowa Food Pantry benefits our local moms:

- **Reduced Stress:** Knowing there's a reliable source of food can be a huge weight off a mom's shoulders.
- **Healthy Choices:** We offer a variety of healthy options so you can feel good about what you're feeding your family.
- **Free and Easy to Use:** There are no income requirements, and no complicated paperwork involved. Durant Iowa Food Pantry is a 501c3 organization and an equal opportunity provider.



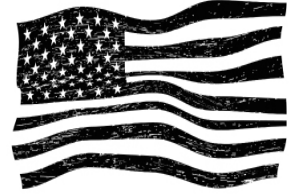
Durant-Wilton Food Pantry

The Durant Wilton Food Pantry serves individuals and families living in the Durant and Wilton School districts. The pantry will be open to serve individuals and families on February 18. Hours on both Tuesday's are 9 - 11 am and 6 - 7 pm. The pantry is located at 408 Cedar Street in Wilton.



Those in need of immediate assistance outside of these hours, can contact Jon at 563-732-2461 to arrange for assistance at another time.

Individuals that wish to support the pantry with donations can also contact Jon. Financial donations are always helpful and can be mailed to PO Box 473, Wilton, IA 52778-0473.



Learn More & Get Involved:

For more information about the Durant Iowa Food Pantry or how you can help:

- **Business Hours:** We're open the 2nd and 4th Wednesday of each month from 4-7 PM and every Saturday from 10 AM - 1 PM. Visits are limited to once per week.
- **Location:** 807 3rd Street, PO Box 895 Durant, Iowa 52747 (in the garage space)
- **Contact:** (563) 260 5322 (call or text) or durantfoodpantry@gmail.com
- **Volunteer or Donate:** Visit our website at difp.org

Thank you for making a difference in our community!



Durant Community
4th of July Fireworks Display
Sponsorship Fundraiser



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Red Level \$250

Name listed on Donor Banner & Media Advertising

White Level \$100

Name listed in Media Advertising

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Phone #: _____

Sponsorship Amount: _____ **Cash or Check**

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Mail to: Durant Chamber of Commerce, PO Box 1111, Durant, IA 52747

or drop off your donation at Liberty Trust & Savings Bank